

The Redemptive Self Stories Americans Live By Revised And Expanded Edition

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Culturally Sensitive Narrative Interventions for Immigrant Children and Adolescents Giselle B. Esquivel 2010 "In this informative and charming book, the authors demonstrate the power of narrative to address tough personal and cultural issues that immigrant children and adolescents face today. They show how storytelling—from poetry to puppetry—can bring young people together within a culture while opening them up to the complex, multicultural world that is contemporary America. Written with erudition and passion, this book is a wonderful resource for teachers, counselors, school psychologists, and others who want to make a positive difference in the lives and the life stories of immigrant youth."—Dan P. McAdams, author of *The Redemptive Self: Stories Americans Live By* --

The Curse of the Self Mark R. Leary 2007 Despite its obvious advantages, our ability to be self-reflective comes at a high price. Few people realize how profoundly their lives are affected by self-reflection or how frequently inner chatter interferes with their success, pollutes their relationships with others, and undermines their happiness. By allowing people to ruminate about the past or imagine what might happen in the future, self-reflection conjures up a great deal of personal suffering in the form of depression, anxiety, anger, jealousy, and other negative emotions. A great deal of unhappiness, in the form of addictions, overeating, and domestic violence, is due to people's inability to exert control over their thoughts and behavior. Is it possible to direct our self-reflection in a way that will minimize the disadvantages and maximize the advantages? Is there a way to affect the egotistical self through self-reflection? In this volume, Mark Leary explores the personal and social problems that are created by the capacity for self-reflection, and by drawing upon psychology and other behavioral sciences, offers insights into how these problems can be minimized.

Drive Daniel H. Pink 2011-04-05 The New York Times bestseller that gives readers a paradigm-shattering new way to think about motivation from the author of *When: The Scientific Secrets of Perfect Timing* Most people believe that the best way to motivate is with rewards like money—the carrot-and-stick approach. That's a mistake, says Daniel H. Pink (author of *To Sell Is Human: The Surprising Truth About Motivating Others*). In this provocative and persuasive new book, he asserts that the secret to high performance and satisfaction—at work, at school, and at home—is the deeply human need to direct our own lives, to learn and create new things, and to do better by ourselves and our world. Drawing on four decades of scientific research on human motivation, Pink exposes the mismatch between what science knows and what business does—and how that affects every aspect of life. He examines the three elements of true motivation—autonomy, mastery, and purpose—and offers smart and surprising techniques for putting these into action in a unique book that will change how we think and transform how we live.

Darwin's Bridge Joseph Carroll 2016 *Darwin's Bridge: Uniting the Humanities and Sciences* explores the meaning of consilience and considers the unity of human evolution, human nature, social dynamics, art, and narrative. The term "consilience" in its modern usage was first established by co-editor Edward O. Wilson in his 1998book, *Consilience: The Unity of Knowledge*. Wilson's original thesis had two parts: that nature forms a unitary order of causal forces, hierarchically organized, and that scientific knowledge, because it delineates nature, also forms a unitary order, providing a unity of knowledge across a variety of fields. Bringing together cutting-edge scientists and scholars across this range, this volume gives an expert account of consilience and makes it possible to see how far we have come toward unifying knowledge about the human species, what major issues are still in contention, and which areas of research are most likely to produce further progress. The essays in *Darwin's Bridge* raise and give substantial answers to questions such as: What is the precise trajectory of human evolution? What were the main factors driving the evolution of the human brain and human motivational system? How closely does life among contemporary hunter-gatherers mirror conditions of ancestral life? In what ways have genes and culture co-evolved, reciprocally influencing one another? How does selection at the level of individuals interact with selection among groups? How complete and adequate are our current models of human nature? How well do these models integrate ideas about human universals, individual identity, and specific cultures? How well can we now delineate the causal chains leading from elementary principles of evolutionary biology to specifically human forms of social organization, individual identity, and imaginative culture? Are human proclivities to make and consume works of art by-products of adaptations, or are they themselves adaptations? Can evolutionary thinking guide us in giving close analytic and explanatory attention to individual works of art?

The Power of Meaning Emily Esfahani Smith 2017-01-10 In a culture obsessed with happiness, this wise, stirring book points the way toward a richer, more satisfying life. Too many of us believe that the search for meaning is an esoteric pursuit—that you have to travel to a distant monastery or page through dusty volumes to discover life's secrets. The truth is, there are untapped sources of meaning all around us—right here, right now. To explore how we can craft lives of meaning, Emily Esfahani Smith synthesizes a kaleidoscopic array of sources—from psychologists, sociologists, philosophers, and neuroscientists to figures in literature and history such as George Eliot, Viktor Frankl, Aristotle, and the Buddha. Drawing on this research, Smith shows us how cultivating connections to others, identifying and working toward a purpose, telling stories about our place in the world, and seeking out mystery can immeasurably deepen our lives. To bring what she calls the four pillars of meaning to life, Smith visits a tight-knit fishing village in the Chesapeake Bay, stargazes in West Texas, attends a dinner where young people gather to share their experiences of profound loss, and more. She also introduces us to compelling seekers of meaning—from the drug kingpin who finds his purpose in helping people get fit to the artist who draws on her Hindu upbringing to create arresting photographs. And she explores how we might begin to build a culture that leaves space for introspection and awe, cultivates a sense of community, and imbues our lives with meaning. Inspiring and story-driven, *The Power of Meaning* will strike a profound chord in anyone seeking a life that matters.

In the Course of a Lifetime Michele Dillon 2007 "Dillon and Wink bring their combination of sociological and psychological perspectives to this landmark study, making possible a fascinating series of individual portraits—and a fresh new window on how life and faith have changed over the last century."—Nancy T. Ammerman, author of *Pillars of Faith: American Congregations and their Partners, Building Traditions, Building Communities* "The rich findings in this landmark volume challenge many assumptions about religion and the life course while documenting the multiple ways, both direct and subtle, that faith relates to personality, social attitudes, community involvement, psychological well-being, and health. This is social science at its best - empirically rigorous and theoretically sophisticated for sure, but also deeply humane in its ability to convey so clearly the individual voices of the research participants, as they struggle to make sense of their lives in a rapidly changing world."—Dan P. McAdams, author of *The Redemptive Self: Stories Americans Live By*

Pastoral Care Karen D. Scheib 2016-02-16 Christian pastoral care is a narrative, ecclesial, theological practice (NET). As a narrative practice, pastoral care attends to the inseparable interconnection between our own lifestories, others' stories, the larger cultural stories, and God's story. As a ministry of the church, pastoral care is an ecclesial practice that derives its motivation, purpose, and identity from the larger mission of the church to bear witness to and embody God's mission of love that extends beyond the church for the transformation of the world. As a theological practice, pastoral care is grounded in God's love story. God's profound love for humankind heals our brokenness when human love fails and invites us into an ongoing process of growth in love of God, self, and neighbor. Intended for those who provide care with and on behalf of religious communities, author Karen Scheib focuses on listening and "restorying" practices occurring in the context and setting of congregations. By coauthoring narratives that promote healing and growth in love, pastoral caregivers become cocreators and companions who help others revise and construct life-stories reshaped by the grace of God. What Karen Scheib has done in this book is to reposition pastoral care as a theological activity performed in the context of the church. She draws deeply upon her Wesleyan theological heritage, upon an understanding of life in its fullness as growth in love and grace, and upon a "communion ecclesiology" undergirded by a communal understanding of the Trinitarian life of God. Thus grounded, she envisions pastoral care first as a rhythm of the life of the whole church and secondarily as a work of trained pastors. In her vision, pastoral care is rescued from a narrow understanding of it as exceptional acts of intervention performed only in moments of dire crisis. Instead, it becomes a "daily practice of pastoral care," an attending, in love, to the stories of others and a "listening for ways God is already present in a life story." Solidly theological, grounded in the life of the church, and eminently teachable – Karen Scheib has given us a great gift in this book." from the Foreword - Thomas G. Long, Bandy Professor of Preaching, Emeritus, Candler School of Theology, Emory University, Atlanta, GA. "In a wonderfully engaging, reflective, and useful way, Karen Scheib captures something absolutely essential to pastoral care and yet often overlooked—the utter centrality of storytelling/listening, the power of stories to heal, and their vital connection to bigger stories told within religious communities. This book is a real milestone, reclaiming the importance of "narrative knowing" and grounding care not only in community but also within a comprehensive theological framework." --Bonnie J. Miller-McLemore, E. Rhodes and Leona B. Carpenter Professor of Religion, Psychology, and Culture, The Divinity School and Graduate Department of Religion, Vanderbilt

University Divinity School, Nashville, TN “Implementing narrative personality and therapy theories and anchored in ecclesiology and Wesleyan theology (NET), Karen Scheib’s book advances a long awaited and holistic approach to pastoral care. Her NET approach presents the embodiment of pastoral care by emphasizing both narrative and paradigmatic knowing, proposes the subjectivity of our stories in pastoral care by pointing out the interchangeability between us and our stories as subject and object, and underscores the dynamic process of pastoral care through the interconnection of the storyteller, listener, and context. Scheib’s image of story companion contributes to the field as a new paradigm of pastoral care and promises to be a significant resource in generating hope and growth in love for both pastoral caregiver and receiver.” –Angella Son, Associate Professor, Drew University, Madison, NJ "Pastoral theologian Scheib describes a narrative, ecclesial, and theological approach for listening to people’s life stories in such a way as to engender spiritual formation and growth in love. Scheib clarifies the connections between caring conversations and Christian theology. Clear and accessible prose as well as helpful exercises and discussion starters make this a fine teaching text." -The Christian Century, Sept. 29, 2016.

Cultivating Virtue Nancy E. Snow 2014-12-01 Though virtue ethics is enjoying a resurgence, the topic of virtue cultivation has been largely neglected by philosophers. This volume remedies this gap, featuring mostly new essays, commissioned for this collection, by philosophers, theologians, and psychologists at the forefront of research into virtue. Each contribution focuses on some aspect of virtue development, either by highlighting virtue cultivation within distinctive traditions of ethical or religious thought, or by taking a developmental perspective to yield fresh insights into criticisms of virtue ethics, or by examining the science that explains virtue development. The essays by Russell and Driver investigate virtue cultivation or problems associated with it from Aristotelian and utilitarian perspectives. Slote addresses virtue development from the sentimentalist standpoint. Swanton and Cureton and Hill explore self-improvement, the former with an eye to offering solutions to critiques of virtue ethics, the latter from a Kantian ethical vantage point. Slingerland examines contemporary psychology as well as virtue development in the Confucian tradition to counter situationist criticisms of virtue ethics. Flanagan, Bucar, and Herdt examine how virtue is cultivated in the Buddhist, Islamic, and Christian traditions, respectively. Narvaez, Thompson, and McAdams offer descriptive insights from psychology into virtue development. The result is a collection of extremely creative essays that not only fills the current gap but also promises to stimulate new work on a philosophically neglected yet vital topic.

Power, Intimacy, and the Life Story Dan P. McAdams 1988-01-01 Who am I? And how do I fit into the world? These are the questions individuals ask themselves to make sense of their lives. *Power, Intimacy and the Life Story* addresses the human quest for identity. The author reinterprets some of the classic writings in psychology as he shows how each of us constructs a life story in order to meet the identity challenge and create a sense of unity and purpose in our lives. Written for the social scientist, practicing clinician, educated layperson, and student, this compelling study describes how we construct stories that are organized by the two general life themes of power and intimacy. Using the results of questionnaires and interviews with both college students and older adults, the author illustrates an innovative way of understanding human lives in literary terms.

The Invisible Kingdom Meghan O’Rourke 2022-03-01 A NEW YORK TIMES BESTSELLER “Remarkable.” –Andrew Solomon, The New York Times Book Review "At once a rigorous work of scholarship and a radical act of empathy.”–Esquire "A ray of light into those isolated cocoons of darkness that, at one time or another, may afflict us all.” –The Wall Street Journal "Essential.”–The Boston Globe A landmark exploration of one of the most consequential and mysterious issues of our time: the rise of chronic illness and autoimmune diseases A silent epidemic of chronic illnesses afflicts tens of millions of Americans: these are diseases that are poorly understood, frequently marginalized, and can go undiagnosed and unrecognized altogether. Renowned writer Meghan O’Rourke delivers a revelatory investigation into this elusive category of “invisible” illness that encompasses autoimmune diseases, post-treatment Lyme disease syndrome, and now long COVID, synthesizing the personal and the universal to help all of us through this new frontier. Drawing on her own medical experiences as well as a decade of interviews with doctors, patients, researchers, and public health experts, O’Rourke traces the history of Western definitions of illness, and reveals how inherited ideas of cause, diagnosis, and treatment have led us to ignore a host of hard-to-understand medical conditions, ones that resist easy description or simple cures. And as America faces this health crisis of extraordinary proportions, the populations most likely to be neglected by our institutions include women, the working class, and people of color. Blending lyricism and erudition, candor and empathy, O’Rourke brings together her deep and disparate talents and roles as critic, journalist, poet, teacher, and patient, synthesizing the personal and universal into one monumental project arguing for a seismic shift in our approach to disease. *The Invisible Kingdom* offers hope for the sick, solace and insight for their loved ones, and a radical new understanding of our bodies and our health.

Conceptions of Leadership Scott T. Allison 2014-12-04 An exploration of both classic and contemporary conceptions of leadership, focusing on social psychological approaches to central questions such as the way people think about leaders and leadership, the personality attributes of leaders, power and influence, trust, and the qualities that sustain positive relationships between leaders and followers.

The Redemptive Self Dan P. McAdams 2006

The Oxford Handbook of Identity Development Kate C. McLean 2015 The Oxford Handbook of Identity Development represents a turning point in the field of identity development research. Various, and disparate, groups of researchers are brought together to debate, extend, and apply Erikson's theory to

contemporary problems and empirical issues.

Lovebound Regina Moody 2013-04 Just for a moment imagine yourself the spouse or even the parent of someone in prison. What images come to your mind?

In her story, the author challenges us to think outside of our own mindsets. Through the writer’s eyes you will see glimpses of what it is really like from the outside looking in. It is her hope that as you read you will not only recognize things that have "imprisoned" you but that you will be set free from those things.

Isaiah 61:1 The Spirit of the Lord is upon me because the Lord hath anointed me to preach good tidings unto the meek; he hath sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to them that are bound... ----- Regina Moody currently lives in Kinston, Alabama. She and Mickey have been married for 19 years. They have one son (Braxton Lee Moody). She is employed full time as a nurse. She and her family attend New Life Worship Center in Samson, Alabama. In recent years, she has served on many Kairo's outside teams. (An international ministry designed to help women who have loved ones incarcerated). Presently she helps with a local jail ministry.

The Redemptive Self Dan P. McAdams 2013-02-14 In this revised and expanded edition of *The Redemptive Self*, McAdams shows how redemptive stories promote psychological health and civic engagement among contemporary American adults.

In the Course of a Lifetime Michele Dillon 2007-03-20 In *The Course of a Lifetime* provides an unprecedented portrait of the dynamic role religion plays in the everyday experiences of Americans over the course of their lives. The book draws from a unique sixty-year-long study of close to two hundred mostly Protestant and Catholic men and women who were born in the 1920s and interviewed in adolescence, and again in the 1950s, 1970s, 1980s, and late 1990s. Woven throughout with rich, intimate life stories, the book presents and analyzes a wide range of data from this study on the participants' religious and spiritual journeys. A testament to the vibrancy of religion in the United States, *In the Course of a Lifetime* provides an illuminating and sometimes surprising perspective on how individual lives have intersected with cultural change throughout the decades of the twentieth century.

Personality Psychology Jim McMartin 2016-01-29 *Personality Psychology: A Student-Centered Approach* organizes the field of personality psychology around basic questions relevant to the reader’s past, present, and future selves. Answers to the questions are based on findings from up-to-date research and shed light on the validity of personality theories to help students deepen their understanding of their own personalities. Concise, conversational, and easy-to-understand, the Second Edition is enhanced with new chapters, new research that reflects the latest scholarship, and new photos and illustrations throughout.

The Stories We Live by Dan P. McAdams 1993-01-01 This book should be value for all those who are interested in enhancing their self-understanding. It should also serve as useful classroom text for undergraduates and advanced students in personality and social psychology, counselling and psychotherapy.

The Puritan Origins of the American Self Sacvan Bercovitch 1975-01-01 Errata slip inserted. Includes bibliographical references and index.

Free Cyntoia Cyntoia Brown-Long 2020-05-05 NAACP Image Award nominee for Outstanding Biography/Autobiography In her own words, Cyntoia Brown-Long shares the riveting and redemptive story of how she changed her life for the better while in prison, finding hope through faith after a traumatic adolescence of drug addiction, rape, and sex trafficking led to a murder conviction. “Those...years in prison hadn’t just turned me into woman. They transformed me. The girl who desperately wanted to belong, who felt powerless, who clawed, and scratched her way out of every corner she was backed into, was gone.” At the age of sixteen, Cyntoia Brown, a survivor of human trafficking, was arrested for killing a man who had picked her up for sex. Two years later, she was sentenced to life in prison. Brown reflects on the isolation, low self-esteem, and sense of alienation that drove her straight into the hands of a predator. Once in prison, she attempts to build a positive path and honor the values her beloved adoptive mother, Ellenette, taught her, but Cyntoia succumbs to harmful influences that drive her to a cycle of progress and setbacks. Then, a fateful meeting with a prison educator turned mentor offers Cyntoia the opportunity to make the pivotal decision to strive for a better future, even if she’s never freed. In these pages, Cyntoia shares the details of her transformation, including a profound encounter with God, an unlikely romance, an unprecedented outpouring of support from social media advocates and A-list celebrities, and her release from prison. A coming-of-age memoir set against the shocking backdrop of a life behind bars, *Free Cyntoia* takes you on a spiritual journey as Cyntoia struggles to overcome a lifetime of feeling ostracized and abandoned by society.

Soon Pam Durban 2015-05-01 The award-winning author’s “gorgeously-crafted second collection of stories” explores moments of profound loss, discovery, and transition (Charlotte Observer). The stories in this volume explore the myriad ways people lose, find, and hold on to one another. When all else fails her characters—science, religion, family, self—the powerful act of storytelling keeps their broken lives together. Each story in this rewarding and multifaceted collection introduces people who yearn for better lives and find themselves entangled in the hopes and dreams that heal and bind us all. The title story—chosen by John Updike for *The Best American Short Stories of the Century* anthology—follows two generations of a family driven by the “patient and brutal need that people called hope.” In “The Jap Room,” winner of the 2008 Goodheart Prize, a woman tries to help her WWII veteran husband finally come home. “Rowing to Darien” introduces a famous English actress as she rows away from her husband’s rice plantation. In “Hush” a gravely ill man encounters himself in the darkness of Kentucky’s Mammoth Cave. These and other stories deftly broach universal themes of love, loss, and the redemptive power of storytelling.

Foreword by the Flannery O’Connor Prize-winning author Mary Hood

The Strange Case of Donald J. Trump Dan P. McAdams 2020-02-17 *The Strange Case of Donald J. Trump* provides a coherent and nuanced psychological

portrait of Donald Trump, drawing upon biographical events in the subject's life and contemporary scientific research and theory in personality, developmental, and social psychology. Dan P. McAdams, renowned psychologist who pioneered the study of lives, examines the central personality traits, personal values and motives, and the interpersonal and cultural factors that together have shaped Trump's psychological makeup, with an emphasis on the strangeness of the case—that is, how Trump again and again defies psychological expectations regarding what it means to be a human being. The book's central thesis is that Donald Trump is the episodic man. The chapters, structured as stand-alone essays each riffing on a single psychological theme, build on each other to present a portrait of a person who compulsively lives in the moment, without an internal story to integrate his life in time. With an emphasis on scientific personality research, rather than political rhetoric, McAdams shows that Trump's utter lack of an inner life story is truly exceptional. This book is a remarkable case study which should be of as much interest to psychologists as it is to readers trying to reckon with the often confounding behavior and temperament of the 45th President of the United States.

Dare, Dream, Do Whitney L. Johnson 2016-10-21 Thinkers50 Management Thinker of 2015 Whitney Johnson has a goal: to help us identify and achieve our dreams. Her belief is that we can each achieve greater happiness when focusing both on our dreams and on other people in our lives. In this inspiring book, Johnson directs her attention to teaching women, in particular, a three-step model for personal advancement and happiness. She first encourages us to Dare to boldly step out, to consider disrupting life as we know it. Then she teaches us how to Dream, to give life to the many possibilities available, whether to start a business, run a marathon, or travel the world. She shows us how to "date" our dreams (no need to commit!) and how to make space for dreams. Finally, Whitney's model brings out the businesswoman in her; she teaches us to Do, to execute our dreams. She showcases the importance of sharing dreams with others to give them life, creating your own "dream team." Rich with real stories of women who have dared to dream, Dare, Dream, Do offers a practical framework for making remarkable things happen.

Midnight Chicken Ella Risbridger 2019-01-10 Winner of the Guild of Food Writers General Cookbook Award 2020 'A manual for living and a declaration of hope' Nigella Lawson 'A moving testimonial to the redemptive power of cooking. Generous, honest and uplifting' Diana Henry There are lots of ways to start a story, but this one begins with a chicken... When the world becomes overwhelming, Ella Risbridger focuses on the little things that bring her joy, like enjoying a glass of wine when cooking, FaceTiming with a friend whilst making bagels, and sharing recipes that are good for the soul. One night she found herself lying on her kitchen floor, wondering if she would ever get up – and it was the thought of a chicken, of roasting it, and of eating it, that got her to her feet and made her want to be alive. Midnight Chicken is a cookbook. Or, at least, you'll flick through these pages and find recipes so inviting that you will head straight for the kitchen: roast garlic and tomato soup, uplifting chilli-lemon spaghetti, charred leek lasagne, squash skillet pie, spicy fish finger sandwiches and burnt-butter brownies. It's the kind of cooking you can do a little bit drunk, that is probably better if you've got a bottle of wine open and a hunk of bread to mop up the sauce. But if you settle down and read it with a cup of tea (or a glass of that wine), you'll also discover that it's an annotated list of things worth living for – a manifesto of moments worth living for. This is a cookbook to make you fall in love with the world again. Featuring an entire chapter on storecupboard recipes. 'Risbridger is the most talented British debut writer in a generation' Sunday Times 'A big old massive heart exploding love story' The Times

The Redemptive Self Dan P. McAdams 2013-01-07 How do we as Americans define our identities? How do our stories represent who we are—our successes, our failures, our past, our future? Stories of redemption are some of the most powerful ways to express American identity and all that it can entail, from pain and anguish to joy and fulfillment. Psychologist Dan P. McAdams examines how these narratives, in which the hero is delivered from suffering to an enhanced status or state, represent a new psychology of American identity, and in turn, how they translate to understanding our own lives. In this revised and expanded edition of *The Redemptive Self*, McAdams shows how redemptive stories promote psychological health and civic engagement among contemporary American adults. He reveals how different kinds of redemptive stories compete for favor in American society, as presented in a dramatic case study comparing the life stories constructed by Presidents George W. Bush and Barack Obama. McAdams provides new insight on race and religion in American narratives, offers a creative blend of psychological research and historical analysis, and explains how the redemptive self is a positive psychological resource for living a worthy American life. From the spiritual testimonials of the Puritans and the celebrated autobiography of Benjamin Franklin, to the harrowing stories of escaped slaves and the modern tales in Hollywood movies, we are surrounded by transformative stories that can inform how we make sense of our American identity. But is the redemptive life story always a good thing, and can anyone achieve it? While affirming the significance of redemptive life stories, McAdams also offers a cultural critique. Through no fault of their own, many Americans cannot achieve this revered story of deliverance. Instead, their lives are rife with contaminated plots, vicious cycles of disappointment, and endless pitfalls. Moreover, there may be a negative side to these beloved stories of redemption—they demonstrate a curiously American form of arrogance, self-righteousness, and naiveté that all bad things can be transformed. In this revised and expanded edition of the his award-winning book, McAdams encourages us to critically examine our own life stories—the good, the bad, the ups, the downs—in order to inform how we can benefit from them and shape a better future American identity.

Pursuing Happiness: Reading American Romance as Political Fiction Laura Vivanco 2016-02-01 The dominance of popular romance in the United States fiction market suggests that its trends and themes may reflect the politics of a significant proportion of the population. *Pursuing Happiness* explores some of the

choices, beliefs and assumptions which shape the politics of American Romance novels. In particular, it focuses on what romances reveal about American attitudes towards work, the West, race, gender, community cohesion, ancestral “roots” and a historical connection (or lack of it) to the land.

Narrative Gerontology in Research and Practice Kate De Medeiros, PhD 2013-12-19 What is meant by narrative? How can one elicit a narrative or analyze it in research? How can narrative work best be facilitated among older adults? This is the only text to provide comprehensive information about the applications of narrative approaches in community and long-term settings, writing in the virtual world, and such individual work as journaling or poetry. The book explores the theories of narratives across many disciplines, research practices and analytical strategies, and applications in work with older adults. It has been written by a prominent researcher of the narrative construction of self in old age, whose studies have been funded by the NIH, the Brookdale Foundation, and the Alzheimer's Association, among other related achievements. The book brings together a unique blend of interdisciplinary perspectives and practices not found in other books on life stories, autobiography, and/or narrative approaches to understanding one's experiences. Specifically, it focuses on the myriad theoretical underpinnings of narrative, provides a developmental history of narrative use in gerontology, and details various ways to use narratives in a variety of research settings. Each chapter includes step-by-step guides on who to analyze and report on, and how to write up narrative data. It also discusses ways to incorporate narratives in varied practice settings such as writing workshops in retirement communities, individual writing projects, and others. Key Features: Offers a hands-on research tool that guides the reader from theory to research to practice Describes the theoretical underpinnings and practical applications of narrative with older adults Illustrates how narrative gerontology is fundamentally different in practice than narrative research with younger participants Addresses the breadth of available narrative methods and how to apply them in a research settings Designed for use in qualitative methods, service learning, and gerontological research courses.

Feelings James D. Laird 2007-01-11 *Feelings* argues for the counter-intuitive idea that feelings do not cause behavior, but rather follow from behavior, and are, in fact, the way that we know about our own bodily states and behaviors. This point of view, often associated with William James, is called self-perception theory. Self-perception theory can be empirically tested by manipulating bodily states and behaviors in order to see if the corresponding feelings are produced. In this volume, James D. Laird presents hundreds of studies, all demonstrating that feelings do indeed follow from behavior. Behaviors that have been manipulated include facial expressions of emotion, autonomic arousal, actions, gaze, and postures. The feelings that have been induced include happiness, anger, fear, romantic love, liking, disliking, hunger, and feelings of familiarity. These feelings do not feel like knowledge because they are knowledge-by-acquaintance, such as the knowledge we have of how an apple tastes, rather than verbal, knowledge-by-description, such as the knowledge that apples are red, round, and edible. Many professional theories of human behavior, as well as common sense, explain actions by an appeal to feelings as causes. Laird argues to the contrary that if feelings are information about behaviors that are already ongoing, feelings cannot be causes and that the whole mechanistic model of human behavior as "caused" in this sense seems mistaken. He proposes an alternative, cybernetic model, involving hierarchically stacked control systems. In this model, feelings provide feedback to the control systems, and in a further elaboration, this model suggests that the stack of control systems matches a similar stack of levels of organization of the world. An original contribution to the study of the relationship between feelings and behavior, the volume will be of interest to social, emotional, and cognitive psychologists.

Identity and Story Henry Wade Rogers Professor of Psychology and Chair of the Psychology Department Dan P. McAdams, PhD 2006 The editors bring together an interdisciplinary and international group of creative researchers and theorists to examine the way the stories we tell create our identities. The contributors to this volume explore how, beginning in adolescence and young adulthood, narrative identities become the stories we live by.

George W. Bush and the Redemptive Dream Dan P. McAdams 2010-11-24 George W. Bush remains a highly controversial figure, a man for whom millions of Americans have very strong feelings. Dan McAdams' book offers an astute psychological portrait of Bush, one of the first biographies to appear since he left office as well as the first to draw systematically from personality science to analyze his life. McAdams, an international leader in personality psychology and the narrative study of lives, focuses on several key events in Bush's life, such as the death of his sister at age 7, his commitment to sobriety on his 40th birthday, and his reaction to the terrorist attacks of September 11, and his decision to invade Iraq. He sheds light on Bush's life goals, the story he constructed to make sense of his life, and the psychological dynamics that account for his behavior. Although there are many popular biographies of George W. Bush, McAdams' is the first true psychological analysis based on established theories and the latest research. Short and focused, written in an engaging style, this book offers a truly penetrating look at our forty-third president.

After the Fall Ben Rhodes 2021-06-01 THE NEW YORK TIMES BESTSELLING AUTHOR To be born American in the late twentieth century was to take the fact of a particular kind of American exceptionalism as granted – a state of nature arrived at after all else had failed. In the span of just thirty years, this assumption would come crashing down. After the fall, we must determine what it means to be American again. In 2017, as Ben Rhodes was helping Barack Obama begin his next chapter, the legacy they worked to build for eight years was being taken apart. To understand what was happening in America, Rhodes decided to look outwards. Over the next three years, he travelled to dozens of countries, meeting with politicians, activists, and dissidents confronting the same nationalism and authoritarianism that was tearing America apart. Along the way, a Russian opposition leader he spends time with is poisoned, the Hong Kong

protesters he comes to know see their movement snuffed out, and America itself reaches the precipice of losing democracy before giving itself a second chance. After the Fall is a hugely ambitious and essential work of discovery. Throughout, Rhodes comes to realize how much America's fingerprints are on a world it helped to shape: through the excesses of the post-Cold War embrace of unbridled capitalism, post-9/11 nationalism and militarism, mania for technology and social media, and the racism that shaped the backlash to the Obama presidency. At the same time, he learns from a diverse set of characters – from Obama to rebels to a rising generation of leaders – how looking squarely at where America has gone wrong only makes it more essential to fight for what America is supposed to be – for itself, and for the entire world.

The Redemptive Self Dan P. McAdams 2005-11-10 Who are we as Americans? What is our deep identity? How do we make a good life? Renowned psychologist Dan P. McAdams suggests that the key to American identity lies in the stories we live by. And the most powerful life story in America today is the story of redemption. On a broad societal scale and in our own private lives, we want first and foremost to transform our suffering into a positive emotional state, to move from pain and peril to redemption. American identity is the redemptive self. Based on 10 years of research on the life stories of especially caring and productive American adults, *The Redemptive Self* explores the psychological and cultural dynamics of the stories Americans tell to make sense of who they are. Among the most eloquent tellers of redemptive stories are those midlife adults who are especially committed to their careers, their families, and making a positive difference in the world. These highly "generative" men and women embrace the negative things that happen to them, for it is by transforming the bad into good that they are able to move forward in life and ultimately leave something positive behind. Unconsciously, they find inspiration and sustenance in the rich store of redemptive tales that American culture offers - from the autobiographies of Massachusetts Puritans, Benjamin Franklin, and escaped African-American slaves to the stories of upward mobility, recovery, fulfillment, and release that come to us today from Hollywood, 12-step programs, self-help experts, religious stories, political speeches, business gurus, and Oprah. But can all American lives find redemption? Some people seem unable to make their lives into redemptive tales. Instead, their stories show contaminated plots and vicious cycles. Moreover, might there be a dark side to the redemptive stories Americans love? While these stories can sustain a productive and caring approach to life, they can also suggest a peculiarly American kind of arrogance and self-righteousness. For all their strengths, redemptive stories sometimes fail, and sometimes suggest important failings in the way Americans see themselves and the world. *The Redemptive Self* encourages us to examine our lives and our stories in full, to apprehend both the good and the bad in the stories we live by. By doing so, we may fashion better stories and better lives for the future.

The Narrative Study of Lives Ruthellen H. Josselson 1997-05-31 The narrative approach is a relevant and enriching technique for uncovering, describing and interpreting the meaning of experience. This collection explores the challenges of performing narrative work in an academic setting, writing about it in an ethical and revealing fashion, and drawing meaningful conclusions. This stellar collection of scholars examine such topics as: how the larger construct of 'personality' can read out of a life story; the development of multicultural identity as a dynamic process; the transition away from delinquent behaviour; the importance of cultural continuity for understanding loneliness in elderly refugees; race relations and how it relates to the meaning of the decade in which the interviewee

The Things They Carried Tim O'Brien 2009-10-13 A classic work of American literature that has not stopped changing minds and lives since it burst onto the literary scene, *The Things They Carried* is a ground-breaking meditation on war, memory, imagination, and the redemptive power of storytelling. *The Things They Carried* depicts the men of Alpha Company: Jimmy Cross, Henry Dobbins, Rat Kiley, Mitchell Sanders, Norman Bowker, Kiowa, and the character Tim O'Brien, who has survived his tour in Vietnam to become a father and writer at the age of forty-three. Taught everywhere—from high school classrooms to graduate seminars in creative writing—it has become required reading for any American and continues to challenge readers in their perceptions of fact and fiction, war and peace, courage and fear and longing. *The Things They Carried* won France's prestigious Prix du Meilleur Livre Etranger and the Chicago Tribune Heartland Prize; it was also a finalist for the Pulitzer Prize and the National Book Critics Circle Award.

George W. Bush and the Redemptive Dream Dan P. McAdams 2010-11-30 George W. Bush remains a highly controversial figure, a man for whom millions of Americans have very strong feelings. Dan McAdams' book offers an astute psychological portrait of Bush, one of the first biographies to appear since he left office as well as the first to draw systematically from personality science to analyze his life. McAdams, an international leader in personality psychology and the narrative study of lives, focuses on several key events in Bush's life, such as the death of his sister at age 7, his commitment to sobriety on his 40th birthday, and his reaction to the terrorist attacks of September 11, and his decision to invade Iraq. He sheds light on Bush's life goals, the story he constructed to make sense of his life, and the psychological dynamics that account for his behavior. Although there are many popular biographies of George W. Bush, McAdams' is the first true psychological analysis based on established theories and the latest research. Short and focused, written in an engaging style, this book offers a truly penetrating look at our forty-third president.

Doing Narrative Research Molly Andrews 2013-07-22 Written by an international team of experts in the field, the second edition of this popular text considers both the theoretical underpinnings and practical applications of narrative research. The authors take the reader from initial decisions about forms of narrative research, through more complex issues of reflexivity, interpretation and the research context. Existing chapters have been updated to reflect changes in the literature and new chapters from eminent narrative scholars in Europe, Australia and the United States have been added on a variety of topics including narratives and embodiment, visual narratives, narratives and storyworlds, new media narratives and Deleuzian perspectives in narrative research. This book will be invaluable for all students, researchers and academics looking to use narrative methods in their own social research.

The Sunset Route Carrot Quinn 2021-07-06 The unforgettable story of one woman who leaves behind her hardscrabble childhood in Alaska to travel the country via freight train—a beautiful memoir about forgiveness, self-discovery, and the redemptive power of nature, perfect for fans of *Wild* or *Educated*. “An urgent read. A courageous life. Quinn’s story burns through us and bleeds beauty on every page.”—Noé Álvarez, author of *Spirit Run: A 6,000-Mile Marathon Through North America’s Stolen Land* After a childhood marked by neglect, poverty, and periods of homelessness, with a mother who believed herself to be the reincarnation of the Virgin Mary, Carrot Quinn moved out on her own. She found a sense of belonging among straight-edge anarchists who taught her how to traverse the country by freight trains, sleep in fields under the stars, and feed herself by foraging in dumpsters. Her new life was one of thrilling adventure and freedom, but still she was haunted by the ghosts of her lonely and traumatic childhood. *The Sunset Route* is a powerful and brazenly honest adventure memoir set in the unseen corners of the United States—in the Alaskan cold, on trains rattling through forests and deserts, as well as in low-income apartments and crowded punk houses—following a remarkable protagonist who has witnessed more tragedy than she thought she could ever endure and who must learn to heal her own heart. Ultimately, it is a meditation on the natural world as a spiritual anchor, and on the ways that forgiveness can set us free.

Cultural-Existential Psychology Daniel Sullivan 2016-04-07 Cultural psychology and experimental existential psychology are two of the fastest-growing movements in social psychology. In this book, Daniel Sullivan combines both perspectives to present a groundbreaking analysis of culture's role in shaping the psychology of threat experience. The first part of the book presents a new theoretical framework guided by three central principles: that humans are in a unique existential situation because we possess symbolic consciousness and culture; that culture provides psychological protection against threatening experiences, but also helps to create them; and that interdisciplinary methods are vital to understanding the link between culture and threat. In the second part of the book, Sullivan presents a novel program of research guided by these principles. Focusing on a case study of a traditionalist group of Mennonites in the midwestern United States, Sullivan examines the relationship between religion, community, guilt, anxiety, and the experience of natural disaster.

Narrative Development in Adolescence Kate C. McLean 2009-11-11 Monisha Pasupathi and Kate C. McLean Where Have You Been, Where Are You Going? Narrative Identity in Adolescence How can we help youth move from childhood to adulthood in the most effective and positive way possible? This is a question that parents, educators, researchers, and policy makers engage with every day. In this book, we explore the potential power of the stories that youth construct as one route for such movement. Our emphasis is on how those stories serve to build a sense of identity for youth and how the kinds of stories youth tell are informed by their broader contexts – from parents and friends to nationalities and history. Identity development, and in part- ular narrative identity development, concerns the ways in which adolescents must integrate their past and present and articulate and anticipate their futures (Erikson, 1968). Viewed in this way, identity development is not only unique to adol- cence (and emergent adulthood), but also intimately linked to childhood and to adulthood. The title for this chapter, borrowed from the Joyce Carol Oates story, highlights the precarious position of adolescence in relation to the construction of identity. In this story, the protagonist, poised between childhood and adulthood, navigates a series of encounters with relatively little awareness of either her childhood past or her potential adult futures. Her choices are risky and her future, at the end, looks dark.

A Place to Stand Jimmy Santiago Baca 2007-12-01 The Pushcart Prize-winning poet's memoir of his criminal youth and years in prison: a “brave and heartbreaking” tale of triumph over brutal adversity (*The Nation*). Jimmy Santiago Baca's “astonishing narrative” of his life before, during, and immediately after the years he spent in the maximum-security prison garnered tremendous critical acclaim. An important chronicle that “affirms the triumph of the human spirit,” it went on to win the prestigious 2001 International Prize (*Arizona Daily Star*). Long considered one of the best poets in America today, Baca was illiterate at the age of twenty-one when he was sentenced to five years in Florence State Prison for selling drugs in Arizona. This raw, unflinching memoir is the remarkable tale of how he emerged after his years in the penitentiary—much of it spent in isolation—with the ability to read and a passion for writing poetry. “Proof there is always hope in even the most desperate lives.” —Fort Worth Star-Telegram “A hell of a book, quite literally. You won't soon forget it.” —The San Diego U-T “This book will have a permanent place in American letters.” —Jim Harrison, *New York Times*—bestselling author of *A Good Day to Die*